



# USA WEIGHTLIFTING

The National Governing Body for Weightlifting in the United States

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## SCORESHEET

Competition: **CT Open 2011**

Location: **Bluestreak Sports, Stamford, CT.**

Date: **8/7/2011**

Group: **NE LWC**

Sanction #: **02-11-06**

| Lot                                      | Member | Wt     | Name  | Year of | Body  | Snatch           | Best  | Clean & Jerk | Best |     |           |    | Master |     |            |            |         |          |           |
|--|--------|--------|-------|---------|-------|------------------|-------|--------------|------|-----|-----------|----|--------|-----|------------|------------|---------|----------|-----------|
| No.                                      | Inc    | ID     | Div   | Class   | Birth | Team             | Wt    | 1            | 2    | 3   | Sna       | 1  | 2      | 3   | C&J        | Total      | Place   | Sinclair | /Sinclair |
| <b>Women's Session 1 - Weighin 8-9am</b> |        |        |       |         |       |                  |       |              |      |     |           |    |        |     |            |            |         |          |           |
| 19                                       | F      | 158159 | O,J   | 48      | 1995  | Invictus         | 44.20 | 30           | 32   | 34  | <b>34</b> | 36 | 36     | 40x | <b>38</b>  | <b>72</b>  | 1       | 118.63   |           |
| 1  | F      | 166619 | O,J   | 48      | 2003  | East Coast Gold  | 35.50 | 17           | 20x  | 20  | <b>20</b> | 20 | 22     | 25  | <b>25</b>  | <b>45</b>  | 2       | 93.494   |           |
| 2  | F      | 151353 | O     | 53      | 1990  | Inst. Hvy. Trng. | 52.98 | 52x          | 52x  | 52  | <b>52</b> | 67 | 71     | 74x | <b>71</b>  | <b>123</b> | 1       | 172.97   |           |
| 4  | F      | 168640 | O,C   | 53      | 1987  | CF Boston        | 53.64 | 38           | 40   | 42  | <b>42</b> | 51 | 54     | 56  | <b>56</b>  | <b>98</b>  | 2,C1    | 136.48   |           |
| 3  | F      | 168607 | O,M   | 53      | 1966  | Unattached       | 52.30 | 20           | 22   | 24x | <b>22</b> | 29 | 32     | 35  | <b>35</b>  | <b>57</b>  | 3, M4   | 80.986   | 96.778    |
| 5  | F      | 169897 | O, C  | 58      | 1990  | CF Boston        | 57.70 | 40           | 42   | 45  | <b>45</b> | 52 | 56     | 60x | <b>56</b>  | <b>101</b> | 1,C1    | 133.2    |           |
| 8  | F      | 169871 | O     | 63      | 1987  | Unattached       | 62.70 | 77x          | 77   | 82x | <b>77</b> | 93 | 102    | 108 | <b>108</b> | <b>185</b> | 1       | 230.68   |           |
| 7  | F      | 121840 | O     | 63      | 1982  | East Coast Gold  | 63.00 | 73           | 77   | 79x | <b>77</b> | 83 | 87     | 90x | <b>87</b>  | <b>164</b> | 2       | 203.88   |           |
| 6  | F      | 170043 | O, C  | 63      | 1984  | Yankee CF        | 59.00 | 42           | 45   | 50x | <b>45</b> | 62 | 65     | 68x | <b>65</b>  | <b>110</b> | 3,C1    | 142.82   |           |
| 9  | F      | 169638 | O,M   | 63      | 1967  | Pro Strength     | 60.80 | 35x          | 38   | 40  | <b>38</b> | 45 | 48x    | 48  | <b>48</b>  | <b>86</b>  | 4, M2   | 109.41   | 129.43    |
| 10                                       | F      | 170080 | O,M,C | 63      | 1968  | CF New Haven     | 62.60 | 20           | 23   | 27  | <b>27</b> | 27 | 33     | 38  | <b>38</b>  | <b>65</b>  | 5,M5,C2 | 81.134   | 94.926    |
| 14                                       | F      | 161779 | O     | 69      | 1977  | East Coast Gold  | 64.40 | 48           | 52   | 62  | <b>62</b> | 72 | 76     | 81  | <b>81</b>  | <b>143</b> | 1       | 175.36   |           |
| 11                                       | F      | 161812 | O     | 69      | 1989  | Robinson WL      | 65.30 | 59           | 63x  | 63x | <b>59</b> | 75 | 78     | 80  | <b>80</b>  | <b>139</b> | 2       | 169.03   |           |
| 13                                       | F      | 155060 | O,J   | 69      | 1992  | Team BFS         | 68.86 | 56           | 58   | 59  | <b>59</b> | 72 | 74     | 76  | <b>76</b>  | <b>135</b> | 3,J1    | 159.23   |           |
| 12                                       | F      | 154591 | O,M   | 69      | 1962  | Unattached       | 66.96 | 29           | 31   | 33x | <b>31</b> | 39 | 42     | 44x | <b>42</b>  | <b>73</b>  | 5, M3   | 87.47    | 107.94    |
| 15                                       | F      | 154056 | O,M   | 75      | 1969  | LBH              | 70.30 | 55           | 60   | 62x | <b>60</b> | 72 | 78     | 81x | <b>78</b>  | <b>138</b> | 1, M1   | 160.96   | 186.39    |
| 16                                       | F      | 169810 | O,J,C | 75      | 1993  | Shoreline CF     | 73.40 | 56           | 61x  | 61x | <b>56</b> | 75 | 80x    | 80x | <b>75</b>  | <b>131</b> | 2,J1,C1 | 149.45   |           |
| 17                                       | F      | 165845 | O     | 75      | 1988  | Long Island WL   | 73.94 | 53           | 56x  | 57x | <b>53</b> | 73 | 76     | 80x | <b>76</b>  | <b>129</b> | 3       | 146.65   |           |
| 18                                       | F      | 169751 | O,C   | 75+     | 1987  | Brooklyn BBC     | 85.30 | 43           | 47x  | 47x | <b>43</b> | 56 | 58     | 61  | <b>61</b>  | <b>104</b> | 1,C1    | 111.35   |           |

| Lot                                      |     | Member |     | Wt    | Name             | Year of |                 | Body  | Snatch |      |      | Best | Clean & Jerk |      |      | Best  |       |          |           | Master |
|--|-----|--------|-----|-------|------------------|---------|-----------------|-------|--------|------|------|------|--------------|------|------|-------|-------|----------|-----------|--------|
| No                                       | Inc | ID     | Div | Class | Birth            | Team    | Wt              | 1     | 2      | 3    | Sna  | 1    | 2            | 3    | C&J  | Total | Place | Sinclair | /Sinclair |        |
| <b>Men's Session 1 - Weighin 10-11am</b> |     |        |     |       |                  |         |                 |       |        |      |      |      |              |      |      |       |       |          |           |        |
| 1  | M   | 169647 | O,M | 62    | Rashid, Adam     | 1976    | Unattached      | 59.76 | 55     | 60   | 63x  | 60   | 65           | 70   | 75   | 75    | 135   | 1,M12    | 199.22    | 213.56 |
| 2  | M   | 163068 | O,M | 62    | Del Puppo, Dario | 1958    | Team CT         | 60.18 | 40     | 44   | 47x  | 44   | 56x          | 56   | 58x  | 58    | 102   | 2,M14    | 149.76    | 193.63 |
| 6  | M   | 157186 | O   | 77    | DeGennaro, Brian | 1990    | Unattached      | 75.14 | 105    | 111  | 115x | 111  | 137          | 142x | 142x | 137   | 248   | 1        | 315.33    |        |
| 9  | M   | 154926 | O   | 77    | Disanto, Mark    | 1988    | Team CT         | 76.94 | 92x    | 95x  | 98   | 98   | 112x         | 118  | 125x | 118   | 216   | 2        | 271       |        |
| 8  | M   | 168692 | O   | 77    | Casey, Daniel    | 1983    | Unattached      | 75.30 | 75     | 80   | 83x  | 80   | 100          | 104  | 107  | 107   | 187   | 3        | 237.48    |        |
| 5  | M   | 160408 | O   | 77    | Baines, Richard  | 1986    | Team CT         | 71.92 | 72x    | 75x  | 75   | 75   | 96           | 100  | 105  | 105   | 180   | 4        | 243.83    |        |
| 3  | M   | 152973 | O,J | 77    | Ash, Jonathon    | 1992    | Team Vermont    | 74.34 | 65     | 72   | 76   | 76   | 95           | 101  | 105x | 101   | 177   | 5,J1     | 226.45    |        |
| 11                                       | M   | 159728 | O,M | 77    | Maloon, Rich     | 1964    | Boston WLC      | 72.44 | 80     | 84x  | 84x  | 80   | 93           | 98x  | 98x  | 93    | 173   | 6,M5     | 224.73    | 273.49 |
| 7  | M   | 169836 | O   | 77    | Perez, Alex      | 1989    | Unattached      | 76.12 | 60     | 65x  | 65   | 65   | 75           | 80   | 85   | 85    | 150   | 7        | 189.33    |        |
| 4  | M   | 158173 | O,M | 77    | Condon, Stephen  | 1950    | Robinson WL     | 75.22 | 53     | 57   | 59   | 59   | 68           | 73   | 75   | 75    | 134   | 8,M8     | 170.28    | 261.54 |
| 12                                       | M   | 155408 | O   | 85    | Sullivan, Tom    | 1986    | Team CT         | 83.64 | 112    | 117x | 122  | 122  | 138          | 144  | 150x | 144   | 266   | 1        | 319.35    |        |
| 18                                       | M   | 154420 | O   | 85    | McCarthy, Ben    | 1990    | Team Vermont    | 81.44 | 90     | 93   | 97x  | 93   | 118x         | 119x | 120  | 120   | 213   | 2        | 259.2     |        |
| 17                                       | M   | 167326 | O   | 85    | Stearns, Bill    | 1990    | Robinson WL     | 84.94 | 83     | 87   | 90   | 90   | 118          | 122  | 124x | 122   | 212   | 3        | 252.58    |        |
| 13                                       | M   | 121516 | O,M | 85    | Izsa, Rob        | 1969    | East Coast Gold | 82.74 | 90     | 95x  | 95x  | 90   | 120x         | 120x | 120  | 120   | 210   | 4,M4     | 253.49    | 293.54 |
| 21                                       | M   | 155298 | O,M | 85    | Prowse, Kevin    | 1974    | Unattached      | 83.66 | 90x    | 90   | 93   | 93   | 105          | 110x | 112x | 105   | 198   | 5,M9     | 237.68    | 261.45 |
| 22                                       | M   | 143650 | O   | 85    | Ward, Michael    | 1983    | Robinson WL     | 82.42 | 75     | 78   | 81x  | 78   | 110x         | 110x | 110  | 110   | 188   | 6        | 227.38    |        |
| 10                                       | M   | 167358 | O,C | 85    | O'Fallon, Kevin  | 1979    | Pioneer Vly     | 77.64 | 77     | 84x  | 85x  | 77   | 103          | 106  | 111  | 106   | 183   | 7,C1     | 228.45    |        |
| 15                                       | M   | 100923 | O,M | 85    | Drescher, Brian  | 1964    | LBH             | 83.34 | 75     | 77   | 82x  | 77   | 94           | 99   | 102  | 102   | 179   | 8,M7     | 215.29    | 262    |
| 20                                       | M   | 157616 | O,M | 85    | Herman, Franklin | 1953    | Boston WLC      | 83.94 | 80x    | 80x  | 80   | 80   | 96           | 101  | 101  | 96    | 176   | 9,M3     | 210.92    | 305.62 |
| 16                                       | M   | 142640 | O,M | 85    | Vogel, Steve     | 1951    | LBH             | 84.82 | 70     | 74   | 75   | 75   | 90           | 96   | 98   | 98    | 173   | 10,M2    | 206.26    | 311.25 |
| 19                                       | M   | 657    | O,M | 85    | Bruzzi, David    | 1957    | LBH             | 80.02 | 56     | 61   | 66   | 66   | 70           | 75   | 79   | 79    | 145   | 11,M10   | 178.09    | 234.9  |

| Lot                                    | Member | Wt     | Name | Year of | Body                 | Snatch               | Best   | Clean & Jerk | Best |      |     |      | Master |      |     |       |        |          |           |
|--|--------|--------|------|---------|----------------------|----------------------|--------|--------------|------|------|-----|------|--------|------|-----|-------|--------|----------|-----------|
| No                                     | Inc    | ID     | Div  | Class   | Birth                | Team                 | Wt     | 1            | 2    | 3    | Sna | 1    | 2      | 3    | C&J | Total | Place  | Sinclair | /Sinclair |
| <b>Men's Session 2 - Weighin 2-3pm</b> |        |        |      |         |                      |                      |        |              |      |      |     |      |        |      |     |       |        |          |           |
| 5                                      | M      | 162274 | O    | 94      | Grambro, Geoff       | 1986 Optimus         | 93.34  | 112          | 117  | 120x | 117 | 145  | 152    | 154x | 152 | 269   | 1      | 306.99   |           |
| 1                                      | M      | 159077 | O    | 94      | Zito, Stephen "Russ" | 1986 Team CT         | 90.80  | 108          | 113  | 118x | 113 | 142  | 147    | 150  | 150 | 263   | 2      | 303.76   |           |
| 2                                      | M      | 166467 | O    | 94      | Johnson, Don         | 1989 SHU             | 91.66  | 96           | 103  | 108x | 103 | 127  | 133    | 137  | 137 | 240   | 3      | 276.05   |           |
| 10                                     | M      | 166761 | O,J  | 94      | Jorge, David         | 1994 East Coast Gold | 93.10  | 97           | 103  | 107  | 107 | 120  | 125    | 127  | 127 | 234   | 4,J1   | 267.34   |           |
| 3                                      | M      | 159204 | O,J  | 94      | Gordon, Alex         | 1992 Garner Perf.    | 88.52  | 100x         | 104  | 110x | 104 | 116  | 120    | 125x | 120 | 224   | 5,J2   | 261.7    |           |
| 6                                      | M      | 165254 | O    | 94      | Collins, John        | 1988 Pioneer Vly     | 88.48  | 90           | 94   | 100  | 100 | 110  | 115x   | 120x | 110 | 210   | 6      | 245.4    |           |
| 7                                      | M      | 169753 | O    | 94      | Kalajian, Michael    | 1981 Unattached      | 91.50  | 75           | 82   | 86   | 86  | 103  | 109    | 115  | 115 | 201   | 7      | 231.37   |           |
| 9                                      | M      | 160338 | O,M  | 94      | Cochran, Harry       | 1955 Unattached      | 86.02  | 85           | 90   | 93   | 93  | 100  | 105x   | 105x | 100 | 193   | 8,M1   | 228.54   | 316.31    |
| 8                                      | M      | 161788 | O    | 94      | Lundell, Eric        | 1981 Team CT         | 92.08  | 70           | 75x  | 75x  | 70  | 92   | 96x    | 96   | 96  | 166   | 9      | 190.55   |           |
| 4                                      | M      | 140580 | O,M  | 94      | Wittenstein, Keith   | 1970 Brooklyn BBC    | 90.08  | 65           | 70   | 72   | 72  | 80   | 85     | 90   | 90  | 162   | 10,M11 | 187.77   | 215.37    |
| 11                                     | M      | 154175 | O,M  | 94      | Landry, Richard      | 1947 LBH             | 87.22  | 57           | 62x  | 63x  | 57  | 83x  | 85     | 90x  | 85  | 142   | 11,M6  | 167.05   | 268.61    |
| 14                                     | M      | 153039 | O    | 94      | Joe Mosher           | 1982 Robinson WL     | 87.42  | 98x          | 98   | 102x | 98  | 118  | 122    | 125  | 125 | 223   | Extra  | 262.05   |           |
| 14                                     | M      | 162873 | O    | 105     | Brandom, Eric        | 1985 Team CT         | 99.80  | 105x         | 105  | 110x | 105 | 125  | 135    | 140x | 135 | 240   | 1      | 266.63   |           |
| 12                                     | M      | 140642 | O    | 105     | Louros, Mark         | 1987 Long Island LWC | 97.50  | 108x         | 108x | 108x | 0   | 0    | 0      | 0    | 0   | 0     | 0      | 0        | 0         |
| 15                                     | M      | 169135 | O,J  | 105     | Wukitsch, Sean       | 1995 East Coast Gold | 103.84 | 65x          | 65x  | 65x  | 0   | 90   | 95     | 100  | 100 | 0     | 0      | 0        | 0         |
| 16                                     | M      | 137285 | O    | 105+    | Blanksteen, Tony     | 1985 Pioneer Vly     | 122.70 | 115          | 122  | 130  | 130 | 150  | 160    | 170  | 170 | 300   | 1      | 312.72   |           |
| 17                                     | M      | 162585 | O    | 105     | Rzesztek, Joseph     | 1983 Team CT         | 113.76 | 95           | 100  | 105x | 100 | 130  | 135    | 140  | 140 | 240   | 2      | 255.22   |           |
| 13                                     | M      | 150851 | O,J  | 105     | Ford, Blake          | 1991 Unattached      | 112.68 | 105          | 110x | 110x | 105 | 130x | 130    | 141  | 130 | 235   | 3,J1   | 250.6    |           |
| 18                                     | M      | 139269 | O,M  | 105+    | Conroy, Ed           | 1947 Team CT         | 112.44 | 40           | 45   | 50   | 50  | 55   | 60     | 65   | 65  | 115   | 4,M13  | 122.71   | 197.32    |

**REFEREES**

Joe Elkins, Karen Jorgenson, Greg Laxer, David Lussier,

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Gary Valentine, M.A.

Franklyn Herman, Richard Maloon.

**TIMEKEEPER**

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Brian Swedrock, Josh Heenan, Kevin O'Fallon, Rich Baines

**DATE**

7-Aug-11

Mark Disanto, Tom Sullivan.

**ANNOUNCERS**

Denis Reno, James Edwards. Scorers - Karen Jorgenson, Ania Kadloff